Behavioural Insights and Development Planning in Practice



Empowered lives. Resilient nations.





1. What are Behavioural Insights (BI)?



...but first let's play a game

Bed	Doze	
Rest	Nap	
Awake	Slumber	
Tired	Snore	
Dream	Yawn	
Wake	Drowsy	
Snooze	Peace	





Memory game

Take a moment to write down the words that you can remember





Memory game

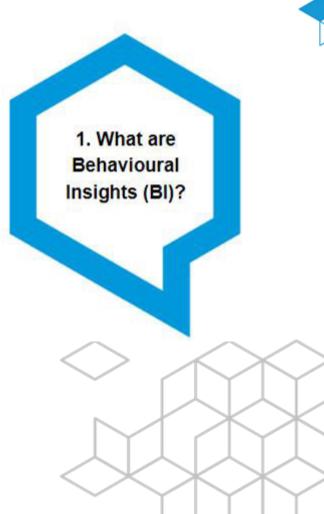
Bed	Doze	
Rest	Slumber	
Awake	Snore	
Tired	Nap	
Dream	Peace	
Wake	Yawn	
Snooze	Drowsy	

Snore

Wake

Dream

Sleep



What are Behavioural Insights (1)?



Rational



8



Irrational

Vs.

What are Behavioural Insights (1)?



System 1

System 2

Fast thinking/Automatic intuitive, effortless

2x2

Taking your daily commute

Vs.

Slow thinking/Reflective deliberate, analytic

24x17

Planning a trip overseas

What are Behavioural Insights (1)?



A bat and ball cost a RM22
The bat costs RM20 more than the ball

How much does the ball cost?

- A. RM1
- B. RM2
- C. RM4

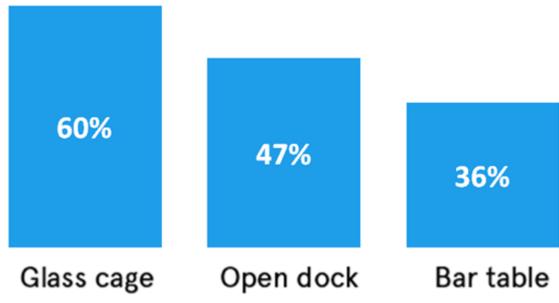


What are Behavioural Insights (2)?





% Found guilty in hypothetical case



Tait (2011) - Chicago-Kent Journal of International and Comparative Law



"It turns out that the **environmental effects** on behaviour are a lot stronger than most people expect"



Daniel Kahneman

What are Behavioural Insights (3)?







Rules





Incentives





Information





What about the design of the policy itself?

Comfort default	Life-extending default	No default
Change if preferred: ☑ Comfort procedure ☐ Life extending Procedure	Change if preferred: ☑ Life extending procedure ☐ Comfort Procedure	Check which preferred: Comfort Procedure Life extending procedure



What are behavioural insights?

Tested and shown to be effective

Behavioural insights are empirical findings about human behaviour that can be used to make public policy more effective

Not attitudes or beliefs

Applicable for improving policies and services





BIT was set up in the UK government in 2010...











JUNTOS JUNTOS

¡Ser formal, conviene!





Mexico: Encouraging small firms to formalise

Intervention

- BIT sent pre-emptive SMS reminders to declare revenues
- Taxpayers were randomly allocated to one of four groups:

Control [No Message]

Deterrence

[Guadalupe] You should submit your RIF tax declaration before the end of the month. Please declare now avoid being fined with \$1240 or more. Thanks SAT

Make it Easy

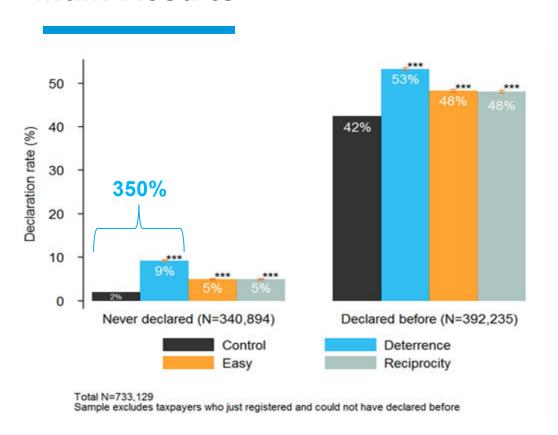
[Guadalupe] You should submit your RIF declaration before the end of the month. Please declare now at www.sat.gob.mx or call (55) 62722728 opt. 6. Thanks SAT

Reciprocity

[Guadalupe] You should submit your RIF tax declaration before the end of the month. Please declare now you have a reduction of [90/100]% on your payable tax. Thanks SAT



Main Results







Video observed treatment (VOT)

Key steps:

- 1. Patient uses app to record video (5 steps)
- Observers code observation and provide video feedback
- 3. If patient doesn't report, staff follow up with call or (eventually) visit

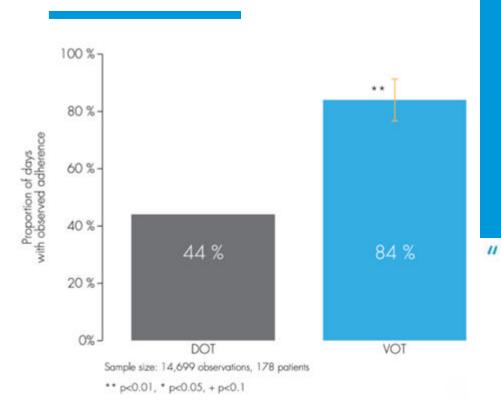
Behavioural levers:

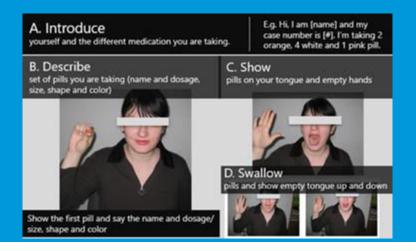
- Convenience (and reciprocity)
- 2. Reminders
- 3. Feedback/sense of progress
- 4. Social incentives (same observer)





Main results





VOT is much better, I woke up in the morning and the first thing I would do was to use the tablet and take the pills"

TB patient during RSTMH-funded qualitative study





We investigated what works to combat obesity

Pop out 'stop signs'



This labelling intervention reduced sales of high sugar drinks by 7.3%



We investigated what works to combat obesity

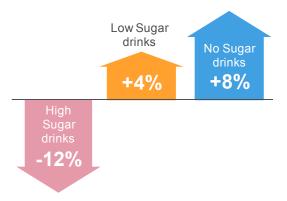
Pop out 'stop signs'



This labelling intervention reduced sales of high sugar drinks by 7.3%

Positioning out of sight

Relative impact on sales after position change





We investigated what works to combat obesity

Pop out 'stop signs'



This labelling intervention reduced sales of high sugar drinks by 7.3%

Positioning out of sight Relative impact on sales after position change Low Sugar drinks +4% High Sugar drinks -12%

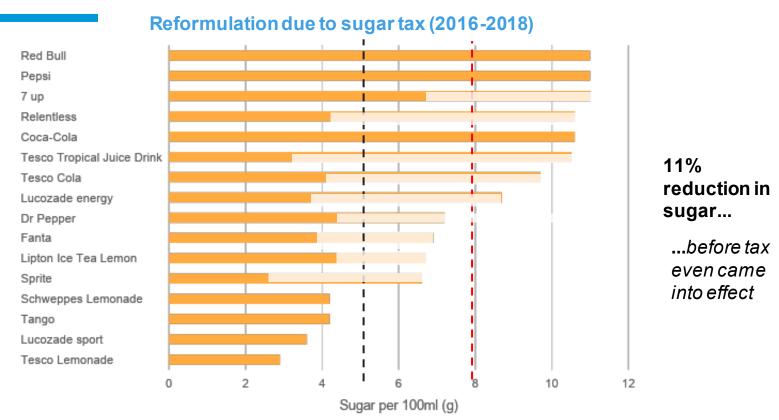
20% price increase

Proportion of high sugar drinks sold



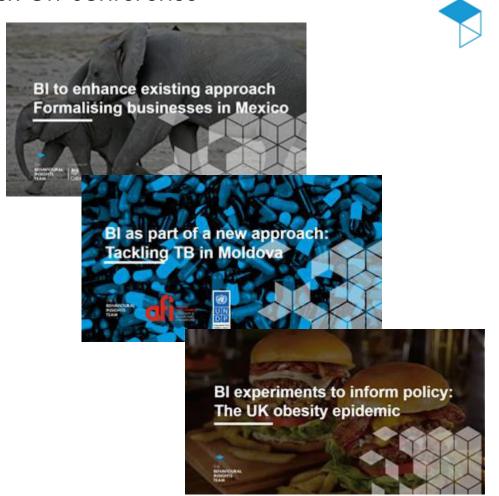


These experiments helped inform the UK sugar tax

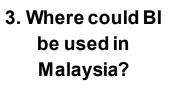


Any questions so far?













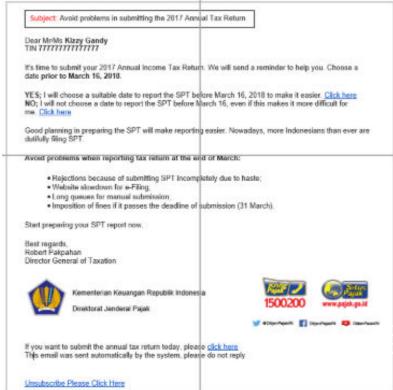
Indonesia: Encouraging timely tax returns



11.2m personal income taxpayers registered for online filing randomly allocated to receive no email, current approach or one of five newly designed emails:

- Simplified Less legal, less text, also social norm!
- 2. National pride "build the nation", showed budget
- 3. **Planning** Nominate date and receive two reminders
- 4. Guidance 1 + Links to FAQs and a checklist
- 5. Planning + Guidance 4 + 5 but slightly shortened

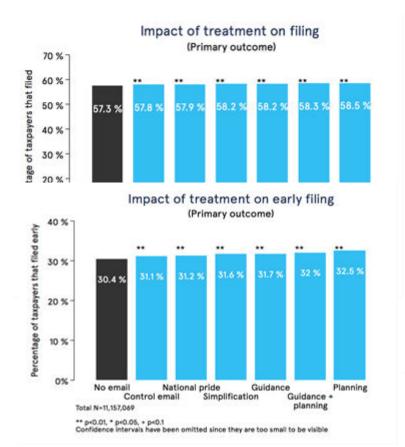


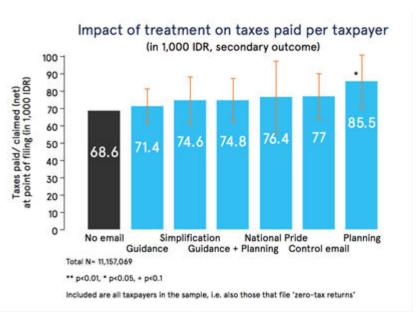




Indonesia: Encouraging timely tax returns









We have introduced BI to tax regimes globally







Corruption in schools

- Country: Colombia
- Context: School meal provision
- **Behaviour**: Reducing cheating
- Outcome: Quantity and quality of school meals
- Sample: 209 schools and 22,700 parents
- Partners:







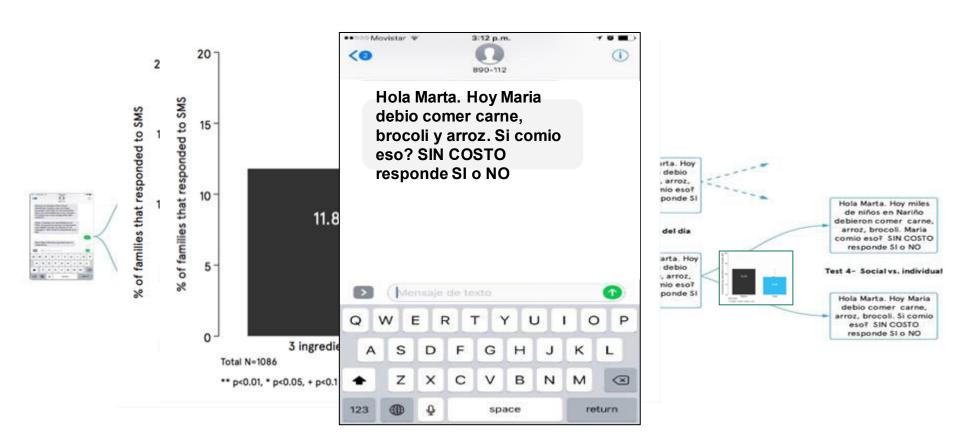




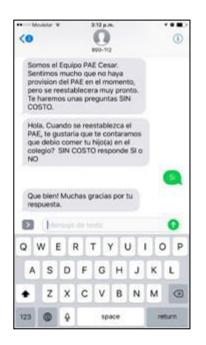




Colombia: Enhancing the monitoring system



Colombia: Enhancing the monitoring system



SMS messages





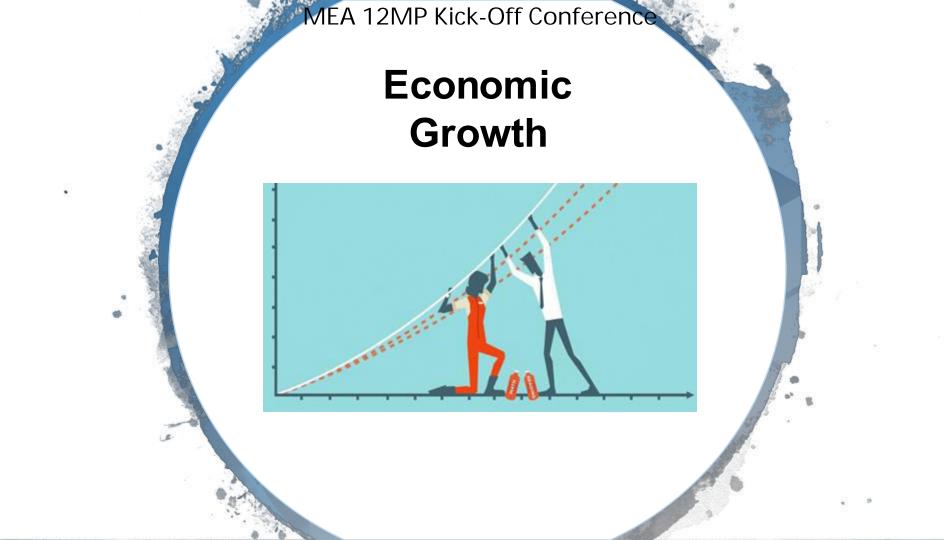
Workshops



Audits

Main results: We did not find an effect on quantity or quality...







Thank you











